


# Global Pointe Programs Calendar | May 2-15, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p><b>Programs Change!</b> You no longer need to sign-up for movies and TV in the RKO Theatre.</p>	<p>3</p> <p>10am Lutheran Service (LER) 11am Catholic Service (LER) 12-1pm Mindful Mondays: <b>Standing Yoga</b> (LER) 2pm Movie: <b>Clue</b>(RKO) 3:30pm Bingo (EALC)</p> 	<p>4</p> <p>9:45am Team Trivia (SKY) 11am Strength &amp; Balance (LER) 12:45-1:45pm BeFit Exercise Hour—All are welcome, no sign-up. (WEL) 2pm TV on the Big Screen <b>Schitt's Creek</b>, Season 2, Episodes 4-7. (RKO) <b>2:30-4:30pm Droolin' Moose Gourmet Chocolate Truck (Parking Lot)</b> 4pm Needle Workers Group (SKY/PC)</p>	<p>5</p> <p>9:30am Outdoor Walking Group—join us if you want this program to continue! (LOBBY) <b>10:30am "Wise Guys" with Traveling Naturalist Melonie Shipman. LIVE PRESENTATION (LER)</b> <b>1pm Shopping Shuttle Departs.</b> Meet in the lobby. (sign-up required by 8am—in mail alcove) 2pm Movie: <b>Mank</b> (RKO) 4pm Social Hour (Pointe Club)</p>	<p>6</p> <p>9:45am Morning Stretch (LER) 10:30am Current Events (LER) 12:45-1:45pm BeFit Exercise Hour—All are welcome, no sign-up. (WEL) 2pm Bingo (EALC) <b>3:30pm Jazz: Gumbo.</b> A Ken Burns miniseries about the history of jazz. 82 minutes. (RKO)</p>	<p>7</p> <p>10am TED Talk—<b>CANCELED TODAY</b> (LER) 11am Strength &amp; Balance (LER) 2pm Movie: <b>Sound of Metal</b> (RKO)</p>	<p>8</p> <p>2pm Movie: <b>That Thing You Do!</b> (RKO)</p>
<p>9</p> <p>Happy Mother's Day!</p> <p><b>Reminder:</b> Make sure your cell phone is on silent/vibrate or leave it in your apartment when you attend programs.</p>	<p>10</p> <p>10am Lutheran Service (LER) 11am Catholic Service (LER) 12-1pm Mindful Mondays: <b>Qigong</b> (LER) 2pm Movie: <b>Girl with a Pearl Earring</b> (RKO) 3:30pm Bingo (EALC)</p>	<p>11</p> <p>9:45am Team Trivia (SKY) 11am Strength &amp; Balance (LER) 12:45-1:45pm BeFit Exercise Hour—All are welcome, no sign-up. (WEL) 2pm TV on the Big Screen <b>Schitt's Creek</b>, Season 2, Episode 8-end of season. (RKO) 4pm Needle Workers Group (SKY/PC)  Last Day of Ramadan</p>	<p>12</p> <p>9:30am Outdoor Walking Group—join us if you want this program to continue! (LOBBY) <b>11am Grief &amp; Loss Support Group</b> with Laurie Endris MSW, LGSW (LER) <b>1pm Shopping Shuttle Departs.</b> Meet in the lobby. (sign-up required by 8am—in mail alcove) 2pm Movie: <b>Arrival</b> (RKO) 4pm Social Hour—<b>Outside!</b> (VER)</p>	<p>13</p> <p>Morning Programs Canceled today—Kate out. 1-2pm Monthly Blood Pressure Checks (WEL) 2pm Bingo (EALC) <b>3pm Jazz: The Gift.</b> A Ken Burns miniseries about the history of jazz. 109 minutes. (RKO) &lt;— note the earlier start time than usual!</p>	<p>14</p> <p><b>9:00am Coffee Meet &amp; Greet—NEW (BISTRO)</b> 10am Monthly All Resident Meeting (LER) 11:15am Strength &amp; Balance (LER) &lt;— note the time change! Just this week. 2pm Movie: <b>Nomadland</b> (RKO)</p>	<p>15</p> <p>2pm Movie: <b>Seabiscuit</b> (RKO)</p>

See the reverse for room key and additional information.

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## **“Wise Guys” with Traveling Naturalist Melonie Shipman**

Wednesday, May 5 at 10:30am (LER)

Join us for a live presentation from Melonie Shipman about owls and ravens. Melonie’s journeys as a naturalist began some 20 years ago in Alaska. Today, she presents on over 20 different nature topics.

Program Description: The owl totem stone symbolizes “wisdom and perseverance”. The raven totem stone symbolizes “trickster and mischievous”.

The reality is the raven is wise enough and determined enough to trick the owl, their trainers and researchers into giving up stones, food and other prizes.

We’ll explore the mental skills and behaviors of these birds, through the eyes of native cultures and researchers to see which bird most deserves the title “wise guy.” And learn who you really want to call when something needs fixing!

### Next All Resident Meeting

Friday, May 14, 2021 at 10am (LER)

## **Jazz 10-part film series by Ken Burns**

Thursdays, 3 or 3:30pm start (varies) (RKO)

About the Film: “Filmmaker Ken Burns tells the story of jazz — the quintessential American art form. The 10-part series follows the growth and development of jazz music from the gritty streets of New Orleans to the Lincoln Gardens on Chicago’s south side, where Louis Armstrong first won fame, from Prohibition-era speakeasies to the wide-open clubs of Kansas City, from the elegant Roseland Ballroom in Times Square, where only whites were allowed to dance, to the more egalitarian Savoy Ballroom in Harlem, where people of all colors mingled.

Six years in the making, Jazz features 75 interviews, more than 500 pieces of music, 2,400 still photographs and more than 2,000 archival film clips — many rare and never before seen. Third-person voices are provided by Samuel L. Jackson, Delroy Lindo, Derek Jacobi and Harry Connick Jr., among others.”

## **Wednesday Shopping Shuttle**

Wednesdays. Departs at 1pm. Meet in the lobby. **You MUST sign-up** in the Programs Book located in the mail alcove by 8am the day of the shuttle. Limited to 6 residents.

Staff are \*not\* able to come in and help you shop.

## **Movie Descriptions—All movies start at 2pm. No sign-up needed!!!**

**5/3—Clue** (1985, Mystery/Crime, 1hr37min) Based on the popular board game, this comedy begins at a dinner party hosted by Mr. Boddy (Lee Ving), where he admits to blackmailing his visitors. These guests, who have been given aliases, are Mrs. Peacock (Eileen Brennan), Miss Scarlet (Lesley Ann Warren), Mr. Green (Michael McKean), professor Plum (Christopher Lloyd), Mrs. White (Madeline Kahn) and Col. Mustard (Martin Mull). When Boddy turns up murdered, all are suspects, and together they try to figure out who is the killer.

**5/5—Mank** (2020, Drama/Comedy, 2hr11min) 1930s Hollywood is reevaluated through the eyes of scathing wit and alcoholic screenwriter Herman J. Mankiewicz as he races to finish "Citizen Kane." **2020 Academy Award Winner**

**5/7—Sound of Metal** (2020, Drama/Music, 2hr10min) A heavy-metal drummer's life is thrown into freefall when he begins to lose his hearing. **2020 Academy Award Winner**

**5/8—That Thing You Do!** (1996, Comedy/Music, 2hr29min) Wily band manager Mr. White helps a small town band achieve big time success when they release a Beatles-style pop song in 1964. Pennsylvania band the "Oneders" become a sensation after their drummer breaks his arm, and is replaced by jazz enthusiast, Guy Patterson, who injects something a bit different into their music. Written and directed by Tom Hanks.

**5/10—Girl with a Pearl Earring** (2003, Drama, 1hr40min) Nominated for three Academy Awards, the movie tells the imagined, intriguing and highly seductive story behind one of Vermeer's greatest and most enigmatic paintings. Based on the novel by Tracy Chevalier.

**5/12—Arrival** (2016, Sci-fi/Thriller, 1hr58min) When mysterious spacecraft touch down across the globe, an elite team - led by expert translator Louise Banks (Academy Award® nominee Amy Adams) – races against time to decipher their intent.

**5/14—Nomadland** (2020, Drama/Western, 1hr50min) A woman in her sixties who, after losing everything in the Great Recession, embarks on a journey through the American West, living as a van-dwelling modern-day nomad. **2020 Academy Award Winner**

**5/15—Seabiscuit** (2003, Sport/Drama, 2hr3min) In the midst of the Great Depression, a businessman (Jeff Bridges) coping with the tragic death of his son, a jockey with a history of brutal injuries (Tobey Maguire) and a down-and-out horse trainer (Chris Cooper) team up to help Seabiscuit, a temperamental, under-sized racehorse.

**Do you have suggestions for programs, events, or movies? Share them with Kate and she’ll do her best to make them happen.**

## **Location Key**

RKO Theatre (RKO) - Basement

Enhanced Assisted Living Common Room (EALC) – 1st floor

Life Enrichment / Activity Room (LER) – 2nd floor

Wellness Center (WEL) – 2nd floor

Veranda (VER) - 4th floor

Sky Bar (SKY) – 5th floor

Pointe Club (PC) – 5th floor

**Kate 763-285-8733 | Front Desk 763-278-8000**

**Need a ride to a medical, vision, or dental appointment** within 5 miles of Global Pointe? Talk to Kate or leave your request with the Front Desk at least one week in advance. The shuttle is available Tuesday/Thursday 8am-3pm.